

My Morning Routine

Follow the steps in order. Tick each one as you go!



M T W T F



Wake up & stretch

☐ ☐ ☐ ☐ ☐



Get dressed

☐ ☐ ☐ ☐ ☐



Eat breakfast

☐ ☐ ☐ ☐ ☐



Brush teeth & hair

☐ ☐ ☐ ☐ ☐



Shoes on

☐ ☐ ☐ ☐ ☐



Bag ready

☐ ☐ ☐ ☐ ☐